iPANDA’s Goal

- We know adolescence is a time when girls begin to think and feel differently, and we are using neuroscience and other biological measures to understand those changes.

Impact of Puberty on Affect & Neural Development across Adolescence

Stony Brook University

iPANDA

A Research Study for Adolescent Girls and Their Parents

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About Our Study

* We are looking for help from girls aged 8-14 and their biological parents.
* We aim to understand how puberty affects the brain, hormones, and how girls think and feel.
* This study involves two visits, separated by two years.
* We will be looking at your brain activity using an EEG and fMRI. They are completely safe; they are not invasive, painful, or harmful in any way.
* Altogether we will be recruiting 350 families from across Long Island.

For Your Participation...

* Your family will be compensated $20 per hour (approximately 5 hours)
* In addition you will win many different prizes and extra money!
* And you will get to walk away with a picture of your own brain!!

What to Expect At Your Visit

* A confidential interview with a trained professional
* Self-report questionnaires
* Providing a saliva sample
* Computer games
* Having your brain activity measured

Is this study right for you?

* You must be 8-14 years of age and live with at least one biological parent.
* You may not have any metal in your body that cannot be removed (for instance, braces).
* There are a couple other things we will ask on the phone to make sure this project is a good fit for you.